FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL											
	OMB Number:	3235-0287										
	Estimated average burden											
- 1	hours nor roomanas	. 0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Stromquist Marty				2. Issuer Name and Ticker or Trading Symbol NCS Multistage Holdings, Inc. [NCSM]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
		st) (N CAGE HOLDING IWAY 249, SUI'		3. Date of Earliest Transaction (Month/Day/Year) 11/23/2022						Officer (give title Other (below) below)					elow)					
(Street) HOUST(ON TX	7	7070 Zip)	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person Person								
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Da		2. Transaction Date (Month/Day/Year	2A. Deemed Execution Date if any (Month/Day/Yea		ition Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			d	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	Amo	ount	(A) or (D)	Price		Reported Transaction (Instr. 3 and						
Common	Common Stock 11/23/2022					S		S		700 D		\$26.79) (1)	31,858(2)		I		By Corporation ⁽²⁾		
Common	Stock													9,355(3	3)	D				
Common Stock													5,672(4)		I		See Footnote ⁽⁴⁾			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year) if any Code (Instr. (Month/Day/Year) 8)			5. Nu of Deriv Secu Acqu (A) of Dispo of (D (Instr and §	rities ired osed	Expiration Date (Month/Day/Year)				7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		8. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	A) (D) Date Exercis		Expiration Date			tle Shar	es							

Explanation of Responses:

- 1. The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.50 to \$27.10. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 2. Held by Stromquist Technologies Inc., a corporation of which the Reporting Person is a controlling shareholder. The Reporting Person disclaims beneficial ownership of the Issuer's securities held by Stromquist Technologies Inc. except to the extent of his pecuniary interest therein.
- 3. Includes 3,038 restricted stock units which vest and settle on February 28, 2023.
- 4. Held by Cemblend Systems Inc. Cemblend Systems Inc. is indirectly 50% owned by the Reporting Person. The Reporting Person disclaims beneficial ownership of the Issuer's securities held by Cemblend Systems Inc. except to the extent of his pecuniary interest therein.

11/28/2022 /s/ Ori Lev, attorney-in-fact ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.