FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

<b>STATEMENT</b>	OF CHANGES I	N BENEFICIAL	<b>OWNERSHIP</b>

l	OMB APPRO	VAL
l	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  MYERS FRANKLIN						2. Issuer Name <b>and</b> Ticker or Trading Symbol NCS Multistage Holdings, Inc. [ NCSM ]										all app	nship of Reporting Pe applicable) Director		erson(s) to Issuer 10% Owner		
(Last) (First) (Middle) C/O NCS MULTISTAGE HOLDINGS, INC.						3. Date of Earliest Transaction (Month/Day/Year) 08/12/2019										Offic belov	er (give title w)		Other ( below)	specify	
19450 STATE HIGHWAY 249, SUITE 200					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) HOUSTO	ON T	ζ 7	7070												X		n filed by One n filed by Mor on	•	•		
(City)	(St	ate) (	Zip)																		
		Tabl	e I - Nor	n-Deriv	ative	Sec	curitie	s Acc	quired,	Dis	posed o	f, o	r Ben	efici	ally	Owne	ed				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execution Date,		Transaction Disposed Code (Instr. 5)		ties Acquired (A) d Of (D) (Instr. 3, 4			l and Secu Bene		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(111311. 4)	
Common Stock 08/12/					2/2019				P		7,500		A	\$2.3	34 <sup>(1)</sup> 126,291 <sup>(2)</sup>		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  Security  2. Conversion of Exercise (Month/Day/Year)  Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)			Date,	4. Transaction Code (Instr. 8)		5. Nui of Deriving Secur Acqui (A) or Dispo of (D) (Instr. and 5	ative rities ired osed	6. Date Exercis Expiration Dat (Month/Day/Ye		е	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	ıt		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisal		Expiration Date	Title	of	ares							

## **Explanation of Responses:**

- 1. The price reported is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$2.25 to \$2.45. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in this footnote.
- 2. Includes 19,824 vested restricted stock units and 1,960 restricted stock units which vest on April 27, 2020 and all of which settle within thirty days following the termination of the Reporting Person's service for any reason other than cause, (ii) a change of control or (iii) the fifth anniversary of the grant date. Also, includes 22,007 restricted stock units which vest on February 28, 2020 and settle within thirty days of the vesting date.

/s/ Kevin Trautner, attorney-in-

08/13/2019

<u>fact</u>

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.