FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 205

wasnington, D.C. 20549	OMB APPR	OVAL
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Bitter Wade</u>						2. Issuer Name and Ticker or Trading Symbol NCS Multistage Holdings, Inc. [NCSM]									k all applic Directo	cable) or	10% Own		wner
(Last) (First) (Middle) C/O NCS MULTISTAGE HOLDINGS, INC.						3. Date of Earliest Transaction (Month/Day/Year) 08/14/2018									Officer (give title below) below CAO & Treasurer				
19450 STATE HIGHWAY 249, SUITE 200 (Street)					_ 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)) (Check A			
HOUST	ON T	X	77070		_									X		iled by Mo		orting Pers	
(City)	(S	tate)	(Zip)																
		Tab	le I - N	on-Deri	vative	Sec	urit	ies Ac	quire	d, Di	sposed o	of, or Be	nefic	ially	Owned	i			
1. Title of Security (Instr. 3)		2. Transa Date (Month/D		Exe) if ar	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			and 5) Securition Benefici Owned I		s Illy ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		Ownership		
								Code	v	Amount	(A) or (D)	Price	Repor Transa (Instr.		on(s)			Instr. 4)	
Common Stock			08/14/				X		3,332	A	\$1.2	24	43,0	332	I		By Revocable Trust		
Common Stock		08/14/2018				S		3,332	D	\$16.3	.38(1) 40		,000		I :	By Revocable Trust			
Commo Stock											10		10,602(2)		D				
		7	Table II								posed of converti				Owned				
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction Date Execution Date, or Exercise (Month/Day/Year)		med on Date,	4. Transactior Code (Instr 8)		5. Number ion of		•	Exerci	isable and te of Securi		e and Amount curities I		. Price of Perivative Security Instr. 5)	9. Numbo derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	e es ally g	10. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	er					
Option (right to buy)	\$1.24	08/14/2018			X			3,332	(3)		02/09/2019	Common Stock	3,33	2	\$0	0		I	By Revocable Trust
Option (right to buy)	\$5.88								(4)		12/21/2022	Common Stock	9,02	1		9,02	1	I	By Revocable Trust
Option (right to buy)	\$5.88								(5)		04/03/2023	Common Stock	28,50	00		28,50	00	I	By Revocable Trust

Explanation of Responses:

- 1. The price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$16.36 to \$16.40. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 2. Includes 10,602 restricted stock units which vest in three equal annual installments beginning on March 1, 2019.
- 3. These options have vested and are exercisable.
- 4. Includes 5,413 vested and exercisable options and 3,608 options that vest and become exercisable in two equal annual installments beginning on May 3, 2019.
- 5. Includes 17,100 vested and exercisable options and 11,400 options that vest and become exercisable in two equal annual installments beginning on May 3, 2019.

/s/ Kevin Trautner, attorney-infact

08/15/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.